

The mission of the Guidance and Counseling Department is to provide guidance programs and counseling services to all students in a way that promotes academic success, personal and social growth, and college and career readiness. To provide continuous service and support for families during the extended school closure, we have assembled a Virtual School Counseling team composed of both campus professional school counselors and district responsive service counselors. If you would like to talk to your school counselor, please contact the office.

Academic Counseling	College, Career, Military Readiness (CCMR)	Mental Health & Social Emotional Learning (SEL)
<p>Cultivating GRIT</p> <ul style="list-style-type: none"> • Elementary School • Middle School • High School <p>Academic Planning</p> <ul style="list-style-type: none"> • https://texasoncourse.org/ • Virtual Campus Tours • The Great Things You Will Do Next <p>Parenting Toolkit</p> <ul style="list-style-type: none"> • http://www.parenttoolkit.com/ 	<p>Videos & Samples:</p> <ul style="list-style-type: none"> • Applying to College: ApplyTexas (Sample App) • Applying to College: Common App • Common App & Naviance • How to Create a FAFSA ID • Naviance Student Tour <p>Handouts/Powerpoints:</p> <ul style="list-style-type: none"> • Understanding your Financial Aid Award Letter • Scholarships in Naviance • FAFSA/TASFA Information 	<p>Parent Handouts:</p> <ul style="list-style-type: none"> • Local Community Resources • Guidance for Speaking with Children about COVID-19 <p>Social Emotional Guidance for parents regarding COVID-19</p> <ul style="list-style-type: none"> • https://insidesel.com/2020/03/12/covid-19/ • https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019 <p>Student Mindfulness Videos:</p> <ul style="list-style-type: none"> • Elementary School • Middle School • High School <p>Managing Stress</p> <ul style="list-style-type: none"> • https://store.samhsa.gov/system/files/sma14-4885.pdf <p>Character Education</p> <ul style="list-style-type: none"> • Kindness Counts!
<p>Websites:</p> <ul style="list-style-type: none"> • Graduation Planning • College for All Program Transfer Pathways • Texas Common Core Numbering System (DC) 	<p>Websites:</p> <ul style="list-style-type: none"> • College for All Texans • FAFSA ID website • FAFSA Completion • TASFA Assistance • Virtual College Tours 	<p>Websites/Apps:</p> <ul style="list-style-type: none"> • SEL Practices • Managing Anxiety • Breath Ball (Apple & Google App) • Yoga (Apple & Google App) • Colorifly (Apple & Google App) • Yoga for Kids!