

# *Kerrville ISD*



## Human Sexuality Curriculum Guide

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**List of Instructional Materials**  
(Approved by the KISD Board of Trustees)

**Grade PK & Head Start**

1. “WHO” Program, by The Mental Health Association
2. “Dangerous Strangers,” McGruff Program
3. Sam’s Story, by Molly Anderson
4. “Willy Learns the Touching Rule,” by Committee for Children

**Grade K**

- 1.”Little Bear,” video by Kidsrights
2. “WHO” Program, by The Mental Health Association
3. “Kelso” Program, by Rhinestone Press
4. “Dangerous Strangers,” McGruff Files
5. “Here’s Looking at You 2000,” by Comprehensive Health Education Foundation
6. Sam’s Story, by Molly Anderson
7. “Willy Learns the Touching Rule,” by Committee for Children

**Grades 1-3**

1. “WHO” Program, by The Mental Health Association
2. “STAR” Program, by The Children’s Trust Fund, Family Outreach of San Antonio
3. “Little Bear,” video by Kidsrights
4. “Kelso” Program, by Rhinestone Press
5. “Dangerous Strangers,” McGruff Files
6. “Here’s Looking at You 2000,” by Comprehensive Health Education Foundation
7. State Adopted Science Textbook

**Grade 4**

1. “Growing Up for Boys,” by Marsh Media
2. “Growing Up for Girls,” by Marsh Media
3. “What’s a Hygiene?”
4. “WHO” Program, by The Mental Health Association
5. “No More Secrets,” by Geraldine Ann Snyder and Paul Lenzi
6. “STAR” Program, by The Children’s Trust Fund, Family Outreach of San Antonio
7. “Dangerous Strangers,” McGruff Files
8. “Yes, You Can Say No,” from A Committee for Children
6. “Here’s Looking at You 2000,” by Comprehensive Health Education Foundation
7. State Adopted Science & Health Textbooks

**Grade 5**

1. “Just Around the Corner for Boys,” by Marsh Media (Gr. 5)
2. “Just Around the Corner for Girls,” by Marsh Media (Gr. 5)
3. “AIDS: Facts for Kids”
4. “Blood-Borne Pathogens and Other Traveling Germs”

## **Grade 6**

1. “Worth the Wait” Scott & White Curriculum
2. State Adopted Health Textbook

### Alternate Curriculum Sources:

3. “The Great Body Shop,” Gradele Workbook
4. Pamphlets from *AIDS Foundation*
5. Handouts:
  - \* “The Abstinence Quiz”
  - \* “How to Say, ‘No’ and Keep Your Boyfriend”
  - \* “101 Reasons to be Abstinent”
  - \* “How to Say, ‘No’ Without Losing His Love”
6. “Connected to Sex Respect”
7. “Self-Esteem”
8. “Sexual Assault Victimization”
9. “Nighttime on Drug Street”
10. Sex Respect by Coleen Mast
11. The Great Body Shop
12. “We’re Growing Up,” by Marsh Media
13. “Growing Up for Boys” (Gr. 6)
14. “Growing Up for Girls” (Gr. 6)

## **Grades 7 & 8**

1. “Worth the Wait” Scott & White Curriculum
2. State Adopted Health Textbook

### Alternate Curriculum Sources:

1. Sex Respect, by Coleen Mast
2. “Human Sexuality: A Responsible Approach”
3. Health for Life
4. “Growing Up for Girls”
5. “Growing Up for Boys”
6. Pamphlets from the *AIDS Foundation*
7. “Sex Has a Price Tag,” by Pam Stenzel
8. Making Life Choices, by Whitney Sizer
9. Pamphlets from the Sexual Medical Institute
  - \* “The Facts,” by Joe McIlhaney,
  - \* “Express Yourself When it Comes to Saying ‘No’ to Sex”
  - \* “Sex. Been There. Done That. Now What?”
  - \* “If Someone Tells You a Condom Will Keep You Safe . . . “
10. “Alcohol & Rape,” ABC News
11. “Saying No to AIDS,” by Altschul Group Corporation
12. “The Truth About HIV, AIDS, & YOU”
13. “Sexually Transmitted Diseases – What You Should Know,” by Pleasantville Media
14. “Just Thought You Ought to Know,” from The Medical Institution
15. “Respect: Sexual Harassment,” by The Health Connection, Hagerstown, Maryland
16. “A Teacher’s Guide to No Apologies,” by Focus on the Family, Colorado Springs
17. “Stick to Your Limits,” by Altschul Group Corporation
18. “Not Worth the Risk,” by Comprehensive Health Education Foundation

19. “NOVA Adventures in Science: The Universe Within,” by NOVA  
Production

### **Grades 9-12**

1. “Worth the Wait” Scott & White Curriculum

#### Alternate Curriculum Sources:

1. Sex Respect, by Coleen Mast
2. “STD Today,” 1992
3. Handouts
  - \* “Rape Myths,” from Hill Country Crisis Council
  - \* “What is Consent?” from Hill Country Crisis Council
  - \* “Sexual Assault by an Acquaintance,” from Hill Country Crisis Council
  - \* “Warning Signs of Dangerous Relationships,” from Hill Country Crisis Council
  - \* “Facts About Sexual Assault,” from Hill Country Crisis Council
  - \* “Think Safety First,” by Deana Mattingly Blackburn
  - \* “Warning About Date Rape Drugs”
  - \* “How Date Rape Affects the Victim,” from Hill Country Crisis Council
  - \* “Date Rape Myths – Facts About Sexual Assault”
  - \* “Sexual Assault by an Acquaintance”
4. “Sex Has a Price Tag,” by Pam Stenzel
5. State Adopted Textbooks:
  - \* Biology: Biology: The Dynamics of Life, by Biggs, et al
  - \* Biology II AP: Biology (4<sup>th</sup> edition), by Campbell
  - \* Anatomy & Physiology: Human Anatomy and Physiology, by Marieb
6. “Miracle of Life”
7. “Journey to Life”
8. Making Life Choices, by Whitney Sizer
9. Safe Sex, by Joe S. McIlhaney

### **Special Education**

#### **PPCD & FLU I - III**

1. “FACES” Curriculum
2. We Are All Alike . . . We Are All Different, by Cheltenham School  
Kindergarten
3. “Shake Hands vs. Hugs,” Keystone Curriculum
4. “Little Bear,” video by Kidsrights
5. Help, by Graham
6. Never Talk to Strangers, by Irma Joyce
7. “WHO” Program, by The Mental Health Association
8. “STAR” Program, by The Children’s Trust Fund, Family Outreach of San  
Antonio
9. “Willy Learns the Touching Rule,” by Committee for Children

#### **FLU IV**

1. “FACES” Curriculum
2. District approved videos and materials - adapted for student needs