

## *KISD Human Sexuality*

### **Grade Level 7 & 8 “Worth the Wait” Curriculum by Scott & White Memorial Hospital and Clinic**

UT Health Science Center Sex Education Program, an abstinence sex education program and school curriculum, focuses on helping adolescents make informed decisions about sexual behavior and promotes abstinence as the right choice for teens. The UT Health Science Center Sex Education Program was created to address issues associated with adolescent sexual behavior. This program is unique in that it was designed and developed by healthcare professionals from Scott & White Memorial Hospital and Clinic, one of the largest healthcare institutions in the United States. Experts in education, family and criminal law, and child psychology provided input.

A legal component addressing family law, criminal law, and sexual abuse is included in the program making it a “one of a kind” in the field of sex education. The Health Science Center Sex Education Program is based on compelling medical and legal data that regards adolescent sexual activity as a risky behavior and a health problem. Data supporting the program is obtained from reliable sources such as the Centers for Disease Control, the National Institutes of Health, the National Center for health Statistics, and peer reviewed professional medical journals.

**“Worth the Wait”, Scott & White Curriculum, will be presented by a teacher, health teacher and various guest speakers in mixed and single gender classes over a 8-10 day period. Parent notification consists of information given at Open House, Parent Handbook, and a note.**

TEKS	KISD Objective	Materials & Activities
7-8.3 C  7-8.3 D	<i>The Learner Will:</i> distinguish risk factors associated with communicable and non-communicable disease <i>The Learner Will:</i> summarize facts related to HIV infection and sexually transmitted diseases	STD’s – Grade 7 <ul style="list-style-type: none"> <li>• Differences among bacterial, viral, and protozoan STDs</li> <li>• Individual characteristics of common STDs</li> <li>• Disease-specific symptoms of common STDs</li> </ul>
7-8.3 C  7-8.3 D	<i>The Learner Will:</i> distinguish risk factors associated with communicable and non-communicable disease <i>The Learner Will:</i> summarize facts related to HIV infection and sexually transmitted diseases	STD’s – Grade 8 <ul style="list-style-type: none"> <li>• Review of STD symptoms, types, risks</li> <li>• Identification of high, low, and no-risk behaviors of HIV/AIDS transmission</li> </ul>
7-8. 2(A- E)	<i>The Learner Will:</i> recognize ways that body structure and function relate to personal health by describing the influence of the endocrine system; compare/contrast changes in males/females; describe physiological and emotional changes during pregnancy; examine physical and emotional development during adolescence.	Puberty: Anatomy/Physiology – Grade 7 <ul style="list-style-type: none"> <li>• Identification of physical and emotional changes during puberty</li> <li>• Identification of parts of reproductive system</li> <li>• Details of menstrual cycle, endocrine system, secondary sex characteristics, brain development</li> <li>• Review of pregnancy</li> </ul>

7-8. 2(A- E)	<i>The Learner Will:</i> recognize ways that body structure and function relate to personal health by describing the influence of the endocrine system; compare/contrast changes in males/females; describe physiological and emotional changes during pregnancy; examine physical and emotional development during adolescence.	<p>Puberty: Anatomy/Physiology – Grade 8</p> <ul style="list-style-type: none"> <li>• Review of physical and emotional changes during puberty</li> <li>• Review of reproductive system</li> <li>• Pregnancy and fetal development</li> <li>• Impact of teen pregnancy</li> </ul>
7-8.5 (A)  7-8.5 (C)	<p><i>The Learner Will:</i> Analyze &amp; demonstrate strategies for preventing and responding to deliberate and accidental injuries</p> <p><i>The Learner Will:</i> Identify strategies for prevention and intervention of emotional, physical, and sexual abuse</p>	<p>Legal Aspects &amp; Abuse Issues – Grade 7</p> <ul style="list-style-type: none"> <li>• Facts and examples of sexual harassment</li> <li>• Legal consequences of sexual offenses</li> <li>• Date-rape drug awareness</li> <li>• Strategy for sexual offense prevention</li> </ul>
		<p>Legal Aspects &amp; Abuse Issues – Grade 8</p> <ul style="list-style-type: none"> <li>• Explanation of age of consent, misdemeanors, felonies, and their consequences</li> <li>• Legal responsibilities of parents</li> </ul>
7-8.7 (A)  7-8.7 (B)  7-8.5 (E)  7-8.5 (F)	<p><i>The Learner Will:</i> Analyze positive and negative relationships that influence individual and community health such as families, peers, and role models</p> <p><i>The Learner Will:</i> develop strategies for monitoring positive and negative relationships that influence health</p> <p><i>The Learner Will:</i> analyze the importance of abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age.</p> <p><i>The Learner Will:</i> discuss abstinence from sexual activity as the only method that is 100% effective in preventing pregnancy, STDs and HIV, and the emotional trauma associated with adolescent sexual activity</p>	<p>Abstinence – Grade 7</p> <ul style="list-style-type: none"> <li>• Interrelationship of risky behaviors (eating disorders/obesity, tobacco, drugs, alcohol, sexual activity)</li> <li>• Healthy responses to stress</li> <li>• Differentiation between love and infatuation</li> <li>• Debunking or reasons for teen sexual activity</li> <li>• Discussion of first impressions, body language, and mode of dress</li> <li>• Steps for making good decisions</li> <li>• Role-playing of refusal skills</li> <li>• Review of abstinence plan</li> <li>• Importance of pledge cards</li> </ul>
7-8.8 (A)  7-8.8 (B)	<p><i>The Learner Will:</i> explain the role of media and technology in influencing individuals and community health such as watching television, reading a newspaper, and billboard</p> <p><i>The Learner Will:</i> explain how programmers develop media to influence buying decisions</p>	<p>Abstinence – Grade 8</p> <ul style="list-style-type: none"> <li>• Benefits of risk avoidance</li> <li>• Role-playing of refusal skills</li> <li>• Awareness of internal and external influences on decision making</li> <li>• Setting personal goals</li> <li>• Review of abstinence plan</li> <li>• Importance of pledge cards</li> </ul>

<b>Grade Level 7 &amp; 8 (continued)</b>		
7-8.9 (A)	<i>The Learner Will:</i> describe personal health behaviors and knowledge unique to different generations and populations	<b>Relationship Building – Grade 7</b> <ul style="list-style-type: none"> <li>• Healthy ways to meet teens’ emotional needs</li> <li>• Becoming aware of positive personal character traits in oneself and others</li> <li>• Development of relationship-building skills with family, friends, and peers of the opposite sex</li> <li>• Relationship between stress and emotional needs</li> <li>• Continued emphasis on parent-child communication</li> </ul>
7-8.9 (B)	<i>The Learner Will:</i> describe characteristics that contribute to family health	
7-8.10 (A)	<i>The Learner Will:</i> differentiate between positive and negative peer pressure	
7-8.10 (B)	<i>The Learner Will:</i> Describe the application of effective coping skills;	
7-8.10 (D)	<i>The Learner Will:</i> summarize and relate conflict resolution/mediation skills	
7-8.11 (B)	<i>The Learner Will:</i> demonstrate strategies for coping with problems and stress	<b>Relationship Building – Grade 8</b> <ul style="list-style-type: none"> <li>• Recognizing significance of teens’ emotional needs and positive personal character traits</li> <li>• Applying good communication skills</li> <li>• Identification of healthy marriage relationships</li> <li>• Continued emphasis on parent-child communication</li> </ul>
7-8.11 (F)	<i>The Learner Will:</i> describe the relationships between emotions and stress.	
7-8.12 (F)	<i>The Learner Will:</i> develop strategies for setting long-term personal and vocational goals	

**Grade Levels 7 & 8(continued)**

**Alternate Curriculum – Some or all may be used**

TEKS	KISD Objective	Materials & Activities	Class or Presenter	Presentation Format (mixed or single gender)	Amount Of Time	Parent Notification & Invitation to Preview Materials
7-8.2 (A)	<i>“The Learner Will:</i> explain how differences in growth patterns among adolescents such as onset of puberty may affect personal health.”	Booklet: “Human Sexuality: A Responsible Approach” Book: <u>Sex Respect</u> Program: “A Teacher’s Guide to No Apologies”	7 <sup>th</sup> & 8 <sup>th</sup> Grade 3- Week Unit	Mixed	1 Day	Parent Handbook & Note
7-8.2 (B)	<i>“The Learner Will:</i> describe the influence of the endocrine system on growth and development, Genetics & Environmental.”	Booklet: “Human Sexuality: A Responsible Approach” Book: <u>Health for Life</u> Program: “A Teacher’s Guide to No Apologies”	↓	↓	1 Day	↓
7-8.2 (C)	<i>“The Learner Will:</i> compare and contrast changes in males and females.”	Booklet: “Human Sexuality: A Responsible Approach” Video: “Growing up for Girls” “Growing up for Boys” Program: “A Teacher’s Guide to No Apologies” “NOVA Adventures in Science: The Universe Within”	↓	↓	2 Days	↓
7-8.2 (D)	<i>“The Learner Will:</i> describe physiological and emotional changes that occur during pregnancy.”	Booklet: “Human Sexuality: A Responsible Approach” Guest Speaker: Teen-Parent Program: “A Teacher’s Guide to No Apologies”	↓	↓	1 Day	↓
7-8.2 (E)	<i>“The Learner Will:</i> examine physical and emotional development during adolescence.”	Booklet: “Human Sexuality: A Responsible Approach” Video: “Growing up for Girls” “Growing up for Boys” Program: “A Teacher’s Guide to No Apologies”	↓	↓	1 Day	↓
7-8.3 (D)	<i>“The Learner Will:</i> summarize the facts related to HIV infection and sexually transmitted diseases.”	Booklet: “Human Sexuality: A Responsible Approach” Guest Speakers: San Antonio Aids Foundation Pamphlet: “The Facts” Guest Speaker: Local Medical Doctor Video: “Sex Has a Price Tag”	7 <sup>th</sup> & 8 <sup>th</sup> Grade 3-Week Unit	Mixed	3 Days	Parent Handbook & Note

		Program: "A Teacher's Guide to No Apologies" Video: "Stick to Your Limits" Video: "Not Worth the Risk" Video: "Saying No to AIDS"				
7-8.4 (D)	<i>"The Learner Will:</i> discuss the legal implications regarding sexual activity as it relates to minor persons."	Guest Speakers: Hill Country Crisis Council Program: "A Teacher's Guide to No Apologies" Video: "Respect: Sexual Harassment"			1 Day	
7-8.5 (C)	<i>"The Learner Will:</i> identify strategies for prevention and intervention of emotional, physical, and sexual abuse."	Guest Speakers: Hill Country Crisis Council Program: "A Teacher's Guide to No Apologies" Video: "Respect: Sexual Harassment" Video: "Alcohol and Rape"			1 Day	
7-8.5 (D)	<i>"The Learner Will:</i> identify information relating to abstinence."	Book: <u>Making Life Choices</u> Pamphlets from the Sexual Medical Institute by Joe McIlhaney Program: "A Teacher's Guide to No Apologies"			1 Day	
7-8.5 (E)	<i>"The Learner Will:</i> analyze the importance of abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons for school age.	Pamphlet: "The Facts" Flyer on awareness followed by discussion with students. Video: "Sex Has a Price Tag" Program: "A Teacher's Guide to No Apologies"	7 <sup>th</sup> & 8 <sup>th</sup> Grade 3-Week Unit	Mixed	1 Day	Parent Handbook & Note
7-8.5 (F)	<i>"The Learner Will:</i> discuss abstinence from sexual activity as the only method that is 100% effective in preventing pregnancy, sexually transmitted diseases, and the sexual transmission of HIV or acquired immune deficiency syndrome, and the emotional trauma associated with adolescent sexual activity.	Guest Speakers: Cindy Taylor, Crisis Pregnancy Center Pamphlet: "The Facts" Other Guest Speakers: Trained Crisis Counselors, School Nurses, and/or Qualified Health Professionals Program: "A Teacher's Guide to No Apologies"	7 <sup>th</sup> & 8 <sup>th</sup> Grade 3-Week Unit	Mixed	1 Day	Parent Handbook & Note

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## Grade Levels 7 & 8 (continued)

### **Please Note:**

Other materials which will be integrated into the 7<sup>th</sup> & 8<sup>th</sup> Grade 3-Week Units are:

ABC News' "Alcohol & Rape;" "The Truth About HIV, AIDS, & YOU;" "Sexually Transmitted Diseases – What You Should Know" by Pleasantville Media

Pamphlets: "Express Yourself When it Comes to Saying 'No' to Sex," "Sex. Been There. Done That. Now What?" and "If Someone Tells You a Condom Will Keep You Safe . . ." by The Medical Institute for Sexual Health

**ALL 7<sup>th</sup> Grade** students will receive instruction on the Human Sexuality health TEKS during P.E. or Off-Season Athletics. Those not in Off-Season prior to May will receive this in May. Health teachers will facilitate the program and coaches will be involved in the instruction.

**Not all 8<sup>th</sup> Grade** students will participate in a formal health class, however ALL 8<sup>th</sup> graders will be provided a 5-class "booster" Human Sexuality series through their science and social studies classes.

The classes will cover the following:

1. Sexual Harassment/Assault
  - Speaker: Deana Blackburn (or other Crisis Council personnel)
  - Person Responsible : Molly Waldrop (Health Teacher)
  - Area of Delivery: Social Studies Class
2. A.I.D.S.
  - Speaker: A.I.D.S. Foundation Speakers
  - Person Responsible: Molly Waldrop
  - Area of Delivery: Science Class
3. Abstinence and Decision Making
  - Speaker: Cindy Taylor
  - Person Responsible: Molly Waldrop
  - Area of Delivery: Social Studies Class
4. Endocrine System and Responsible Decision Making
  - Speaker: Science Teachers
  - Person Responsible: Science Teachers
  - Area of Delivery: Science Class
5. Sexually Transmitted Diseases
  - Speaker: Carol Triola (Counselor)
  - Person Responsible: Counselor
  - Area of Delivery: Social Studies Class