

## *KISD Human Sexuality*

### Grade Level 6 “Worth the Wait” Curriculum by Scott & White Memorial Hospital and Clinic

UT Health Science Center Sex Education Program, an abstinence sex education program and school curriculum, focuses on helping adolescents make informed decisions about sexual behavior and promotes abstinence as the right choice for teens. The UT Health Science Center Sex Education Program was created to address issues associated with adolescent sexual behavior. This program is unique in that it was designed and developed by healthcare professionals from Scott & White Memorial Hospital and Clinic, one of the largest healthcare institutions in the United States. Experts in education, family and criminal law, and child psychology provided input.

A legal component addressing family law, criminal law, and sexual abuse is included in the program making it a “one of a kind” in the field of sex education. The Health Science Center Sex Education Program is based on compelling medical and legal data that regards adolescent sexual activity as a risky behavior and a health problem. Data supporting the program is obtained from reliable sources such as the Centers for Disease Control, the National Institutes of Health, the National Center for health Statistics, and peer reviewed professional medical journals.

<b>“Worth the Wait”, Scott &amp; White Curriculum, will be presented by a teacher, health teacher and various guest speakers in mixed and single gender classes over a 15 day period. Parent notification consists of information given at Open House, Parent Handbook, and a note.</b>		
<b>TEKS</b>	<b>KISD Objective</b>	<b>Materials &amp; Activities</b>
6.5 (I)	<i>“The Learner Will:</i> discuss and understand the consequences of sexual activity (e.g., STDs and pregnancy) and the benefits of abstinence.”	STD’s <ul style="list-style-type: none"> <li>• Introduction to sexually transmitted diseases</li> <li>• General Symptoms of STDs</li> <li>• Basic facts of STDs</li> </ul>
6.2 (B) 6.2 (C) 6.2 (D)	<i>“The Learner Will:</i> be able to describe and recognize changes in male and female anatomy during puberty.” <i>“The Learner Will:</i> be able to understand how hormones help the student to grow and change physically, emotionally and physiologically.” <i>“The Learner Will:</i> be able to comprehend and understand menstrual cycles and identify its relationship to reproduction.”	Puberty: Anatomy/Physiology <ul style="list-style-type: none"> <li>• Gender-specific overview of physical and emotional changes during puberty</li> <li>• Basic reproductive anatomy</li> <li>• How pregnancy occurs</li> </ul>
6.7 (D) 6.10 (D)	<i>The Learner Will:</i> describe strategies such as abstinence for communicating refusal to engage in unsafe behaviors. <i>“The Learner Will:</i> describe healthy ways to express affection and love.”	Legal Aspects & Abuse Issues <ul style="list-style-type: none"> <li>• Sexual abuse awareness</li> <li>• Importance of sexual abuse disclosure</li> <li>• Sexual abuse prevention</li> <li>• Protection from cyber assault</li> </ul>

<b>KISD Human Sexuality, Grade Level 6 (continued)</b>		
6.7 (D)	<p><i>The Learner Will:</i> describe strategies such as abstinence for communicating refusal to engage in unsafe behavior regarding sex.”</p> <p><i>The Learner Will:</i> explain the consequences of sexual activity and the benefits of abstinence.</p>	<p>Abstinence</p> <ul style="list-style-type: none"> <li>• Reasons to remain abstinent until marriage</li> <li>• Refusal skills in unsafe situations</li> <li>• Assertiveness skill development</li> <li>• Avoidance of risky behaviors</li> <li>• Influence of Media</li> <li>• Making an abstinence plan</li> <li>• Importance of pledge cards</li> </ul>
6.5 (I)	<p><i>The Learner Will:</i> describe strategies such as abstinence for communicating refusal to engage in unsafe behaviors.</p>	
6.10 (A-G)	<p><i>The Learner Will:</i> describe healthy ways to communicate consideration and respect for self, family, friends, and others by communicating empathy and consideration for others; assessing healthy ways of responding to disrespectful behaviors; practicing methods for self-control; describe ways to express affection and love, manage anxiety and grief; and identify stressors impact of individual and families.</p>	<p>Relationship Building</p> <ul style="list-style-type: none"> <li>• Introduction of teens’ emotional needs</li> <li>• Introduction of positive personal character traits</li> <li>• Application of relationship-building skills to family and peers</li> <li>• Family dynamics</li> <li>• Importance of parent-child communication</li> </ul>

**Alternate Curriculum Sources: Some or all may be used**

<b>TEKS</b>	<b>KISD Objective</b>	<b>Materials &amp; Activities</b>	<b>Class or Presenter</b>	<b>Presentation Format (Mixed or Single Gender)</b>	<b>Amount Of Time</b>	<b>Parent Notification &amp; Invitation to Preview Materials</b>
6.2 (B)	<p><i>The Learner Will:</i> be able to describe and recognize changes in male and female anatomy during puberty.”</p>	<p>“Growing Up for Girls” – Video  “Growing Up for Boys” – Video  Questions written by student then teacher/nurse responds  Curriculum materials – State-adopted text, supplementary text materials  Discussion Role Playing inclusive of State adopted text – (Ch. 6 –Drugs) (Ch. 1 – Relationships)</p>	<p>6<sup>th</sup> Grade Teacher &amp; School Nurse</p> <p>San Antonio AIDS Foundation</p>	<p>6<sup>th</sup> Grade: Single Gender, Setting</p> <p>(Boys and Girls see both films but in a single-gender setting.)</p>	<p>2 Days</p>	<p>Parent Handbook &amp; Note</p>
6.2 (C)	<p><i>The Learner Will:</i> be able to understand how hormones help the student to grow and change physically, emotionally and physiologically.”</p>					
6.2 (D)	<p><i>The Learner Will:</i> be able to comprehend and understand menstrual cycles and identify its relationship to reproduction.”</p>					

**KISD Human Sexuality, Grade Level 6 (continued)**

TEKS	KISD Objective	Materials & Activities	Class or Presenter	Presentation Format (Mixed or Single Gender)	Amount Of Time	Parent Notification & Invitation to Preview Materials
6.2 (C)	<i>“The Learner Will:</i> be able to understand how hormones help the student to grow and change physically, emotionally and physiologically.”	Curriculum materials – State-adopted text, supplementary text materials	6 <sup>th</sup> Grade Teacher  School Nurse	Mixed – supplementary text presentation	2-3 Days	Parent Handbook & Note
6.5 (D)	<i>“The Learner Will:</i> be able to discuss the risks alcohol and drug abuse have regarding dating and sex.”	Discussion Role Playing inclusive of State adopted text – (Ch. 6 –Drugs) (Ch. 1 – Relationships)	Teacher	Mixed Gender	2 Days	Parent Handbook
6.5 (I)	<i>“The Learner Will:</i> discuss and understand the consequences of sexual activity (e.g., STDs and pregnancy) and the benefits of abstinence.”	Guest Speakers	San Antonio AIDS Foundation	Mixed	1 Day	Parent Handbook & Note
6.7 (D)	<i>“The Learner Will:</i> describe strategies such as abstinence for communicating refusal to engage in unsafe behavior regarding sex.”	Guest Speakers	San Antonio AIDS Foundation	Mixed	1 Day	Parent Handbook & Note
6.5 (I) 6.7 (D)	<i>The Learner Will:</i> explain the consequences of sexual activity and the benefits of abstinence.  <i>The Learner Will:</i> describe strategies such as abstinence for communicating refusal to engage in unsafe behaviors.	<u>Sex Respect</u> – Book  <u>The Great Body Shop</u> – Book	Teacher	Mixed	2 days	Parent Handbook & Note
6.10 (D)	<i>“The Learner Will:</i> describe healthy ways to express affection and love.”	Pamphlets & curriculum from (1) AIDS Foundation; and (2) <u>The Great Body Shop</u> a Gradele Workbook	Teacher	Mixed	2-3 Days	Parent Handbook & Note

6.5 (D)	<p><i>The Learner Will:</i> discuss and understand the consequences of sexual activity (e.g., STDs and pregnancy) and the benefits of abstinence.”</p> <p><i>The Learner Will:</i> engage in behaviors that reduce health risks throughout the life span.</p>	<p>Handouts:</p> <ul style="list-style-type: none"> <li>- “The Abstinence Quiz”</li> <li>- “How to Say, ‘No’ and Keep Your Boyfriend”</li> <li>- “101 Reasons to be Abstinent”</li> <li>- “101 Ways to Say No to Sex”</li> <li>- “How to Say, “No” Without Losing His Love”</li> </ul>	Teacher and Guest Speaker - Hill Country Crisis Council	Mixed	5 days	Open house – information shared with parents
6.10 (D)	<p><i>The Learner Will:</i> describe healthy ways to communicate consideration and respect for self, family, and others. Describe healthy ways to express affection and love.</p>	<p>“Connected to Sex Respect” and “Self-Esteem”</p> <p>“Sexual Assault Victimization”</p> <p>Discussion on consequences</p>				Parent Handbook & Note
6.2 (C)	<p><i>The Learner Will:</i> be able to understand how hormones help the student to grow and change physically, emotionally and physiologically.”</p>	<p>“Nighttime on Drug Street” – Video</p>		Mixed		